



Down: Walk Away Walk Around

Start with your dog in a down in front of you. (Use a mat if available.)

Walk Away

1. Lean your weight backwards, then return to your original position and reward your dog for staying in the down. Next take a half step backwards, return and reward for staying in the down. If your dog doesn't stay in the down, just reset them.
2. If your dog stays in the down successfully as you move, you can take more steps backing away from your dog. Always reward when you return to your original starting position.
3. Once you can back away several feet and the dog stays in the down, you can begin to turn your back on the dog and walk away:
 1. The first step is to turn away from your dog slightly. Return to front and reward.
 2. The next step is to turn 180 degrees
 3. Next, with your back turned toward the dog, lean forward
 4. Finally, with your back turned toward the dog, take a few steps. Return to your dog and reward. Gradually increase the distance you walk away from the dog.

Walk Around

Hint: Look for the head flip to the other side when you are working at near your dog's rear or behind them. They are anticipating your movement and likely will maintain their position. Without the head flip dog may move to follow you as you move behind them to complete your circle.

Lean to the left or right, return to center and reward your dog for staying in the down. Next take a half step to either side, return to center and reward for staying in the down. As your dog is successful, you can take more steps around your dog until you have completely walked around them. Always reward when you return to your original starting position.

Work in both directions.

Try starting with the dog at your side.

Reward only for stillness. If your dog shifts their weight or gets up, return to your original starting position (recue the sit if needed) but do not reward.

Go back to an easier step and reward for the next correct behavior.

Remember to release your dog from position after 3-6 rewarded repetitions to take the pressure off of long stays with challenges.